



30 Years



June 17, 2016

19th Annual Brain Injury Conference

TRAVELLING  THROUGH TIME

30 Years Of Making A Difference

Conference Itinerary

Professional Agenda

Morning - Main Room

- 7:30 - 8:25** Registration, breakfast, and display set-up
8:25 - 8:30 Welcome
8:30 - 9:35 Caron Gan - “Brain Injury Family Intervention for Adolescents (BIFI-A)”
9:35 - 10:25 Tanya Charyk Stewart - “Reducing Risks of Brain Injury”
10:25 - 10:40 **Break**
10:40 - 11:30 Dr. Doug Fraser - “Getting Your Head in the Game: a New Method for Diagnosing Concussion”
11:30 - 12:00 June Anne Melady - “How We Made it Through Without Services” A Family Members Perspective

12:00 - 1:00 **Lunch**

Afternoon – Main Room

- 1:00 - 1:45** Dr. Gurinder Sangha - “Best Practices on Leaving Emergency Department After Concussion Mild TBI”
1:45 - 2:30 Shannon McGuire and Becky Moran - “BrainEx 90”
2:30 - 2:45 **Break**
2:45 - 3:30 Laura Graham - “Response to Bi-Nasal Occlusion While Reading in Individuals with Persistent Symptoms After mTBI”
3:30 - 5:00 30th Anniversary Reception and Annual General Meeting (Everyone Welcome)

Family And Survivor Agenda

Afternoon – Breakout Room

- 1:00 - 3:00** Caron Gan - “Seven Habits of Highly Effective Families after Brain Injury” (Includes 15 minute Break)
3:00 - 3:30 Donna Thomson - “What Can Your Local BIA Do for You”
3:30 - 5:00 30th Anniversary Reception and Annual General Meeting (Everyone Welcome)

The Annual Conference not only provides speakers and discussions on hot topics in the industry, but it also brings together leaders whose knowledge and experience you can tap into for the benefit of your business. Take advantage of the education and networking opportunities available to a wide spectrum of professionals, from entry-level to middle and senior management.

The conference will appeal to professionals, front line workers in the field as well as families and persons living with the effects of ABI.

For Further Information Please Visit:
www.braininjurylondon.on.ca

Conference Location



Goodwill Community Store
254 Horton St E
London, On N6B 1L1



Presentations

Caron Gan RN, MScN, AAMFT

Brain Injury Family Intervention for Adolescents (BIFI-A):

The family is usually the primary support for individuals after acquired brain injury (ABI). Families play a pivotal role in that injured individual's recovery but they typically navigate the complex world of brain injury without a roadmap on how best to cope. This workshop will highlight the major adjustments facing spouses, parents, siblings, children, and families after brain injury. Tips to enhance resilience and strategies for coping and living with a family member with ABI will be shared. The presentation will conclude with a synopsis of the seven habits of highly effective families and ways of rebuilding a "new normal" after ABI.

Caron Gan RN, MScN, AAMFT

Seven Habits of Highly Effective Families after Brain Injury:

Although the need for family support and clinical intervention has been well documented in the literature, there have been few standardized family interventions to guide clinical practice. After injury, family members are often ill prepared for the years of caregiving and recovery ahead. In an effort to address the cognitive, emotional, and relational changes that occur after pediatric ABI, the Brain Injury Family Intervention for Adolescents (BIFI-A) was developed. BIFI-A is a manualized clinical intervention that provides education about brain injury, skill building, and emotional support for the adolescent with ABI and the entire family system. Participants will be provided with an overview of BIFI-A, its training curriculum, and its application to families of adolescents with ABI.

Tanya Charyk Stewart MSc

The Prevention of Concussions: What we know & What we are doing:

This talk will cover the importance of preventing concussions in kids, focusing on the "E's" of concussion prevention: Education, Engagement, Enforcement, Engineering, based on our Epidemiology and Environmental data, and finally the Evaluation of programs. As sports account for nearly half of all pediatric concussions, much work is needed to reduce these types of concussions. In order to do this, we need to determine teens' knowledge, attitudes, perceptions and behaviours associated with concussions, so we can design and implement effective concussion prevention programs. A summary of the results from a concussion survey for athletes will be presented.

June Anne Melady

How We Made it Through Without Services:

A family members perspective on how recovery used to be when brain injury resources weren't available for families.

Dr. Doug Fraser MD, PhD, FRCPC

Getting Your Head In The Game: Identification of Adolescent Concussions:

Concussions are a major public health concern and they disproportionately affect youth, with more than half occurring in children and adolescents. Concussions often result in significant acute symptoms and long-term consequences for daily functioning and ongoing neurologic and cognitive development. Dr. Fraser will discuss new technologies to diagnose concussions.

Dr. Gurinder Sangha MD, FAAP, FRCPC

Emergency Department Management and Discharge Practices of Concussions and Mild TBI:

Dr. Sangha will review current best practices in the management and discharge of patients diagnosed with concussions from the Emergency Department. He will review the current variability in practice, up to date evidence/guidelines, and highlight current gaps in knowledge.

Shannon McGuire BHS(PT)

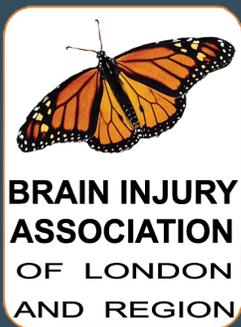
Becky Moran OT Reg. (Ont.)

BrainEx 90:

In order to manage the increase in referrals and resulting in longer wait time for service the Outpatient Acquired Brain Injury Program created an innovative new model of care in order to provide occupational therapy and physiotherapy services in a group circuit training format. The program is called BrainEx 90. Seven patients at a time rotate through 15 different treatment stations that address vision and vestibular dysfunction, balance, cognition and self-management strategies. There is also a 20 minute education session that runs after the first eight stations. This presentation will describe the group and its development, present research data on patient satisfaction as well as its effectiveness in reducing symptoms and improving functional outcomes.

Continued 

Brought to you by:



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Conference Committee

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Cristin Bowie
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Colin Fitchett
Yvonne Pollard
Donna Thomson
Stephanie McGill

Community Partners:



Laura Graham PT, PhD, Registered Physiotherapist (CPO)

Response to Bi-Nasal Occlusion While Reading in Individuals with Persistent Symptoms After mTBI:

Vision dysfunction after mild traumatic brain injury is common. Applying translucent tape to eye glass frames, partially occluding the lens, is a simple strategy for post-brain injury vision dysfunction, known as Bi-nasal occlusion. Existing research demonstrates increased visual processing speeds in people with brain injury, while wearing bi-nasal occlusion. Clinically, we have also noted decreased headache and reading effort, improved reading speed and fluency, and reduced sensitivity to visual stimulus. Adults with persistent symptoms post-concussion or mild traumatic brain injury, who report changes in vision complete a trial of bi-nasal occlusion during their initial intake assessment at Parkwood Institutes's Outpatient Acquired Brain Injury program. The trial consists of reading with and without the use of bi-nasal occlusion, and the change in effort, speed, and fluency are recorded in their chart. If there is a positive influence on reading performance, they are then recommended to use bi-nasal occlusion within their daily life (e.g., reading, watching TV, riding in a car). During this presentation, we will review the existing literature on bi-nasal occlusion, and the findings from our retrospective chart review on the symptom profile and response to bi-nasal occlusion of adults who trialled bi-nasal occlusion during their initial intake assessment with the Outpatient Acquired Brain Injury Team.

To Register

Apply Online at www.braininjurylondon.on.ca

Or send completed registration form along with cheque payable to Brain Injury Association of London & Region

- No registration on the day of the conference
- No refunds after June 1, 2016, but substitutions accepted

Privacy Considerations

Would you like to receive emails regarding ABI programs and future events?

Yes _____ No _____

Registration Form

PLEASE USE A SEPARATE REGISTRATION FORM FOR EACH PERSON ATTENDING

Conference Fees

Professionals and Service Providers \$180.00
Survivors, Family Members, Students \$90.00
Exhibitor Space (includes 1 registration) \$350.00

Individual Name:

Organization:

Address:

Postal Code:

City:

Phone:

Email: