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Brain Injury Support and Social Lesiure Groups

If you or someone you love has experienced a brain injury, you may benefit from participating in one of our support groups. These groups meet on a monthly or weekly basis and offer people who live with the effects of a brain injury the chance to: meet and discuss common issues and problems, learn more about living with ABI and to have fun in a positive environment.

Meetings may be temporarily switched to a virtual platform due to restrictions.

Please visit our website to review the new Covid-19 Safety Requirement Policy as some things have changed.

*** No drop-ins allowed, please contact the Association or support group leader to register ***

Perth Support Group

Meetings: Last Tuesday of each month

Virtual Meetings (temporarily)
 7:00 to 9:00pm

*Indoor meetings now open, contact to join
 *This group does not meet July / Aug

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Perth Social Leisure Group

Meetings: Wednesday of each month

Avondale Church
 194 Avondale Avenue, Stratford
 12:30 to 3:00pm

*Indoor meetings now open, contact to join

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London Support Group

Meetings: Last Thursday of each month

London-Elgin & Bluewater Speech & Language Services
 1828 Blue Heron Dr #13, London
 6:30 to 8:30pm

*Indoor meetings now open, contact to join
 *This group does not meet July/Aug

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Virtual Flex Group

Meetings: First Tuesday of each month

Virtual meetings only
 6:00 to 8:00pm

*Limited spots - waitlist may be in effect
 *Online support for members that are unable to attend meetings indoors.



West Elgin Support Group

Meetings: Second and fourth Tuesday of each month

Heritage Homes Community Hub
 146 Munroe Street, West Lorne
 1:00pm - 3:00pm

*Indoor meetings now open, contact to join

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Central Elgin Support Group

Meetings: Second Monday of each month

The Atrium
 28 Princess Avenue, St. Thomas
 6:30pm - 8:30pm

*Indoor meetings now open, contact to join
 *This group does not meet July/Aug

Sponsorship Opportunity Available

Oxford Support Group

Meetings: first Tuesday of each month

Unifor Local 636 hall
 126 Beale Street, Woodstock
 6:30pm - 8:30pm

*Indoor meetings now open, contact to join
 *This group does not meet July/Aug

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Bartimaeus
 Rehabilitation
 Services Inc.



Huron Support Group

Meetings: third Monday of each month

Libro Community Hall
 239 Bill Fleming Drive, Clinton
 6:00pm - 8:00pm

*Indoor meetings now open, contact to join
 *This group does not meet July/Aug

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