

**Brain Injury Association of London and Region**  
**In person brain injury support group Covid-19 safety requirements**  
**Updated: March 1<sup>st</sup> 2022**

## Important Updates and Changes:

**1. We are no longer allowing “drop ins”.**

Any support group member that is interested in attending an in person support group ( indoors or outdoors) must speak with either the brain injury association or the support group leader prior to arriving to the meeting and must be given the okay to attend.

**2. Updated contact information**

Whether you are a new or an existing group member you will be asked to fill out a member information form prior to attending your first meeting. We will require an emergency contact to be listed to have on file in case of an emergency.

- This allows us to ensure proper safety measures are being taken to keep the group and group leader safe. Please note that limited space and social distancing policies may require a waitlist to take effect if the venue capacity is reached for the meeting.

## Support Group Member Requirements:

**1. All group members will complete a Covid screening questionnaire before each meeting.**

All members will undergo Covid screening questions prior to the meeting. Screening may be done in person or remotely, including by telephone, web tool, or filled out on a paper copy. The support group leaders will direct members where and how to go to answer the screening questions. Anyone that does not pass the Covid screening will not be eligible to participate in the group.

- Screening helps keep infected people from entering the meeting space. This can reduce possible transmission.

**2. All group members are required to wear a mask while inside the building.**

Unless briefly drinking we ask that everyone keep their mask on at all times.

**3. No refreshments will be provided during the meeting.**

While we understand that this may be difficult we ask that everyone please refrain from eating during the meetings. We are so eager to be able to continue meetings in person and want to ensure that everyone attending feels comfortable and safe.

**4. All members will socially distance.**

We ask that everyone please follow the Government guidelines and stay 6 feet apart during the meetings. We will have chairs set up to socially distance. Exceptions will be made for members of the same household.

**5. All members will sanitize their hands upon entry of the meeting.**

We ask that all of our members please sanitize their hands when entering the building In order to help reduce the risk of transmission.

**6. All members will treat one another in a respectful manner.**

It has been some time since we've been able to get together in person and we understand that the current global climate has caused a lot of turmoil. Please remember we are all doing our best and deserve one another's respect and kindness. There is a zero tolerance policy in affect - anyone acting inappropriate will be asked to leave the meeting.

**\*\*\* Please note that changes to this policy could be implemented to ensure compliance with future Provincial mandates and specific event requirements \*\*\***