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Brain Injury Support and Social Lesiure Groups

If you or someone you love has experienced a brain injury, you may benefit from participating in one of our support groups. These groups meet on a monthly or weekly basis and offer people who live with the effects of a brain injury the chance to: meet and discuss common issues and problems, learn more about living with ABI and to have fun in a positive environment.

Meetings may be temporarily switched to a virtual platform due to restrictions.

Please visit our website to review the new Covid-19 Safety Requirement Policy as some things have changed.

*** No drop-ins allowed, please contact the Association or support group leader to register ***

Perth Support Group

Meetings: Last Tuesday of each month

The Local
 612 Erie Street, Stratford
 7:00 to 9:00pm

*Indoor meetings now open, contact to join

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Perth Social Leisure Group

Meetings: Wednesday of each month

Avondale Church
 194 Avondale Avenue, Stratford
 12:30 to 3:00pm

*Indoor meetings now open, contact to join

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London Support Group

Meetings: First Tuesday of each month

Stride Rehabilitation Services
 460 Wellington St B4, London
 6:30 to 8:30pm

*Indoor meetings now open, contact to join

*This group does not meet July/Aug

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Sponsorship opportunity
 available

Virtual Flex Group

Meetings: Second Tuesday of each month

Virtual meetings only
 6:00 to 8:00pm

*Limited spots - waitlist may be in effect

*Online support for members that are
 unable to attend meetings indoors.



West Elgin Support Group

Meetings: Second and fourth Tuesday
 of each month

Heritage Homes Community Hub
 146 Munroe Street, West Lorne
 1:00pm - 3:00pm

*Indoor meetings now open, contact to join

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Co-sponsorship
 opportunities available

Central Elgin Support Group

Please note: This group is temporarily closed.

Sponsorship opportunity
 available

Support leader position
 available

Oxford Support Group

Meetings: first uesday of each month

Unifor Hall Local 636
 126 Beale St, Woodstock
 6:30pm - 8:00pm

*Indoor meetings now open, contact to join

*This group does not meet July/Aug

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Bartimaeus
 Rehabilitation
 Services Inc.

Co-sponsorship
 opportunities available

Huron Support Group

Meetings: First Monday of each month

Libro Community Hall
 239 Bill Fleming Drive, Clinton
 6:00pm - 8:00pm

*Indoor meetings now open, contact to join

*This group does not meet July/Aug

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